



## 13. UNDERTAKING YOUR RESEARCH PROJECT WITH PETS AS THERAPY

### About Pets As Therapy

Founded in 1983, Pets As Therapy operates across the UK. There are approximately 4,200 volunteers who visit with their own temperament-tested PAT dogs and 108 PAT cats. Volunteers make visits to nursing & residential care homes, special needs and mainstream schools, prisons and other establishments. Some volunteers are involved in specific therapeutic work with stroke victims and with children suffering from dog phobias

### What sorts of projects could I do?

- ❖ Human-animal bond & attachment theory
- ❖ The benefits of therapy animal programmes
- ❖ The distribution & uptake of AAT by health & social care establishments in the UK
- ❖ The behaviour & welfare of therapy animals

In addition, we are happy to discuss any other project ideas with you

### Undertaking research with the Charity - what do I have to do?

- ❖ Contact the Charity's Research & Training Manager - see below
- ❖ All students will be required to purchase the Research & Education pack (£5)
- ❖ You will need to complete one of our project outline forms & submit a detailed methodology
- ❖ Make sure you have considered any ethical issues related to your project - our beneficiaries are often very vulnerable people
- ❖ Allow yourself and us plenty of time to conduct your project!
- ❖ Please **do not** approach Pets As Therapy volunteers directly

### Contact details

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